

Ten Mile Lake Association

Newsletter

Summer 2017

Dedicated to the Preservation and Improvement of Ten Mile Lake and its Environment

Annual Meeting

Saturday, August 5th, 2017

Coffee and Social time 9:30 AM

Meeting 10 – 11:30 AM

Union Congregational Church, Hackensack

TOM COX WILL SHOW AND TELL THE HISTORY OF OUR LAKE ASSOCIATION

By Karin Arsan

Come join fellow Ten Milers for a morning of fellowship, news of your Association's past year's activities, regular TMLA business, and an interesting talk and power point photo show by our past president and editor of our history book, Tom Cox.

Tom will share with us the history of the lake association going back to the fifties and updated to the current time. It has grown and expanded a lot over the years. Tom will also tell us how it is structured today.

At the meeting hall members will find displays with handouts and information presented by several of the TMLA committees including Environment and Ecology, History, Lake Safety, Conservation, and Fisheries.

Plan to arrive at the meeting by 9:30 so you will have time to get coffee, visit with your Ten Mile neighbors, and view the committee exhibits. The meeting will begin promptly at 10:00 A.M. and adjourn by 11:30 A.M.

HOPE TO SEE YOU THERE!

TMLA Newsletter, Summer 2017
Officers, Directors and Committee Chairs of the TMLA

Officers - 5				
President		Ivar Siqveland	218-341-3970	ivarsi@gmail.com
Vice President		Karin Arsan	218-675-6247	karin.arsan@exceltd.com
Treasurer		Teresa Conway	612-414-5963	tjconway@comcast.net
Secretary		Ann Owen	218-675-5095	annowen5095@gmail.com
Ex-officio		Leann Sand	218-675-5582	leann_sand2001@yahoo.com
Directors – 6 each designation				
Resident Director		Mary Ackerman	218-675-6229	ackermanmac@gmail.com
Resident Director		Tom Cox	218-675-6844	tbcoxreston@aol.com
Resident Director		Dave Gapinski	218-675-5352	dave@hiddenparadisemn.com
Resident Director		Don Hoppe	218-839-4341	hoppe4085@gmail.com
Resident Director		Bob Iversen	218-547-1876	bob@iversenconsulting.net
Resident Director		Sarah Swanstrom	218-675-6226	sswanstrom8@gmail.com
Summer Resident Directors		Steve Helscher	218-675-5190	steveandbarb@tds.net
Summer Resident Directors		Shelly Knuths	218-675-6340	sknuths@yahoo.com
Summer Resident Directors		Marty McCleery	218-675-6908	mrmccleery@aol.com
Summer Resident Directors		John Keegan	602-359-5900	keeganjc@aol.com
Summer Resident Directors		Diane Power	816-305-3369	dianefpower@gmail.com
Summer Resident Directors		Bob Rydell	218-675-6395	bobjeanrydell1@gmail.com
Committee Chairman and number of members on each committee				
Adopt-a-Highway	32	John Hallberg	218-675-6030	jandghallberg@comcast.net
Advisory	8	Leann Sand	218-675-5582	leann_sand2001@yahoo.com
AIS	11	Bob Iversen	218-547-1876	bob@iversenconsulting.net
Communication & Technology	9	Mary Ackerman	218-675-6229	ackermanmac@gmail.com
Conservation	15	Jim Miller	218-547-3337	jimtenmile@gmail.com
Directory	1	Phoebe Alden	218-547-3114	phoebealden@arvig.net
Environment & Ecology	10	Bruce Carlson	218-675-5580	brcarl@umich.edu
Fisheries	6	Steve Helscher	218-675-5190	steveandbarb@tds.net
Healthy Lakes	6	Marty McCleery	218-675-6908	mrmccleery@aol.com
History	12	Sue Eikenberry	218-675-6183	tenmile@tds.net
IT Specialist	1	Justin Krueger		kruegertenmile@gmail.com
Lake Safety	6	Rick Hughes	218-675-6268	rhughes1@tds.net
Co-chair	-	Mark Sand	218-675-5582	marksandvh@gmail.com
Loons	3	Kim Moe	218-547-3975	kimoe1974@yahoo.com
Nominating	3	Shelly Knuths	218-675-6340	sknuths@yahoo.com
Treasurer's	1	Teresa Conway	612-414-5963	tjconway@comcast.net
Water Level	3	Tom Cox	218-675-6844	tbcoxreston@aol.com
Appointed Positions				
Membership Coordinator		Phoebe Alden	218-547-3114	phoebealden@arvig.net
Newsletter Editor		Annie Swanstrom	218-429-1164	atmylake@msn.com
Webmaster		Geoff Cox		geoff@geoff-cox.com

Please contact any officers, directors or committee chairs with questions, comments and suggestions, or to volunteer. Your involvement ensures a better future for Ten Mile Lake.

Full committee membership lists are available on the website: www.tenmilelake.org

Ten Mile Lake Association Summer and Fall Calendar 2017

June	17	Saturday	TMLA Board Meeting at Mary Ackerman's, all members welcome 9:00 AM
July	4	Tuesday	Boat Parades - 10:00AM *North Shore – area by Fins on Ten Mile (Arthur's) *South Shore – Public Access
NEW DATE AND TIME	6	Thursday	Watercraft Operator's Permit Training, 8:30 AM – 2:30 PM The Hub in Hackensack (previously the Senior Center)
	7	Friday	Solar Seminar 9:00 AM at the Hub in Hackensack (previously the Senior Center)
	15	Saturday	TMLA Board Meeting at Ann and Kurt Owens', all members welcome 9:00 AM
	15	Saturday	Well Water Testing 10:00AM – 4:00PM, pick up testing kit for \$30, return by 3 PM *South shore at former Woock's Store (Rock Rose Trail and Lower Ten Mile Lake Rd); *North shore at Christiansen's (5457 County Road 50)
Aug	5	Saturday	Annual Meeting of the Ten Mile Lake Association 9:30 AM, all members welcome, Union Congregational Church, Hackensack
	19	Saturday	TMLA Board Meeting at John Keegan's, all members welcome 9:00 AM
September	1	Friday	Newsletter Deadline, Fall 2017 Issue, materials to Annie at atmylake@msn.com
	15	Friday	Fall Fete 5:00PM at Tianna Golf Course Clubhouse
	16	Saturday	TMLA Board Meeting at Jim and Pat Miller's, all members welcome 9:00 AM



Solar Energy Seminar Reminder – Friday July 7th at 9:00AM

- At the Hackensack Hub (the former Senior Center).
- Presentation by Paul Helstrom, Renewable Program Lead, MN Power.
- Hear what is involved in design, installation, and maintenance of a solar system (single or multiple property owner system).
- Discuss costs and rebates from federal, state & MN Power sources.
- The Ten Mile Lake Association has a long term global warming-related goal of reducing our carbon footprint. Don't miss this opportunity to learn more about how you might be able to help lower your electric bill, help our environment and support the TMLA goal "to minimize the effects of global warming-related climate change..." (Goal 9 of the TMLA Long Range Lake Management Plan).
- We are hoping to have several vendors available to present their company's programs, including costs, available rebates, and tax credits.
- **Email Ivar with your interest: ivaresi@gmail.com**

Notes from the Editor:

- ❖ Change is in the air! Your Association has been working hard. You may now pay your membership dues online, either through your own PayPal account or with a debit or credit card.
- ❖ TMLA is searching for ways to make our association more responsive and more accessible to our younger members who have jobs and families, an interest in preserving Ten Mile Lake - but not much time. This includes social media such as Facebook and Twitter. Stay tuned for more details.
- ❖ We are constructing a new volunteer grid for matching skills, interests and available time with committees who may have the perfect small job for you!
- ❖ Suggestions about these new efforts, or about the newsletter are welcome at any time – contact us at association@tenmilelake.org.



DON'T FORGET!!! THE FOURTH OF JULY BOAT PARADES WILL
ONCE AGAIN BRIGHTEN UP INDEPENDENCE DAY!

10 AM TUESDAY JULY FOURTH

SEE CALENDAR FOR STARTING POINTS



Ten Mile Lake Association Fall Fete

The Fall Fete will again be held at the Tianna Golf Course Clubhouse on Friday, September 15th, 2017.

Join us at 5:00 PM for social time (cash bar). An hors d'oeuvre dinner will be served at 5:30. The cost will be \$24 per person, payable in advance, checks made payable and mailed to:

Heidi Hoppe, 4085 Forseman Point Drive NW, Hackensack, 56452.

Questions? Contact Heidi: 218-675-6265, bbking456@yahoo.com

Ten Mile Lake Association Spring Fling – New Date and Time!

In response to member requests, we are scheduling the Spring Fling in **May 2018** so more of you can attend. It will be sometime after the fishing opener. Watch the TMLA website and Newsletter for details as planning continues.

Questions? Contact Heidi: 218-675-6265, bbking456@yahoo.com

Fins on Ten Mile Lake

The former **Arthur's Restaurant** has new owners, a new menu, and new hours! The new owners are Bob and Lori Needham and Glen Kirkland. Owner and Chef, Lori Needham, brings her skills from the Ranch House and Lost Lake Lodge to Fins on Ten Mile Lake. Seating from 4PM to 10:00PM.

(218) 675-5326. For updates, look for them on [FaceBook](#)

Presidents Letter- Summer 2017

Ivar Siqveland

By now I suspect most of you are enjoying the summer of 2017 at Ten Mile Lake.

Your board has been very busy with new and ongoing projects. If you read the Communication and Technology committee's updates for both the May and June board meetings you have a pretty good idea of current board actions. Just to recap a few of the items under discussion:

1. **Vice President Karin Arsan** has been putting the final touches on this year's annual meeting to be held August 5th at the Union Congregational Church in Hackensack beginning at 9:30 AM.
2. **Treasurer Teresa Conway** has been working with **Cathy Iversen** and **Phoebe Alden** to convert our accounting system to Quicken.
3. The advisory group, headed up by **Leann Sand**, continues to review our bylaws, policies and procedures, as well as examining our membership categories and dues structure.
4. The Aquatic Invasive Species committee, led by chairman **Bob Iversen**, continues to work closely with the DNR, Cass County, and several other organizations in their efforts to keep Ten Mile Lake free of the "bad stuff".
5. According to **Mary Ackerman**, chair of the C and T committee, they have multiple projects they are working on, including the new website, electronic payment processing, the updated directory, and others. The new editor of the newsletter, **Annie Swanstrom**, is now "getting her feet wet" with assistance from **Sarah Cox**.
6. Those committees charged with environmental issues continue to meet on a regular basis to discuss and act on issues related to the effects of climate change. Water quality, clarity and temperature, shoreline erosion, possible pollutants, etc. are all being monitored. These committees are directly maintaining our mission statement: "Dedicated to the preservation and improvement of Ten Mile Lake and its environs". We especially thank the Conservation, Environment and Ecology, Healthy Lakes, Fisheries, and Adopt-A-Highway Committees in this regard.
7. The History committee, chaired by **Sue Eikenberry**, are again preparing for another outstanding historical booth at the annual meeting.
8. From the Nominating committee chair, **Dave Gapinski**, we are reminded that we have another election this year. Should you want to nominate a person for an office please contact Dave or one of his committee members (**Diane Power, Shelly Knuth, or Don Hoppe**). We will be electing a new president (**Karin Arsan**, retiring V.P., has indicated her desire to run). Nominations are open for Vice President and that of a summer resident board director (outgoing member, **Marty McCleery**, has completed a full three terms). **Mary Ackerman** is completing her first term on the board and has indicated her desire to run again as a resident director. All other board members are in the middle of serving their current terms.
9. The Lake Safety, Loon, and Water Level committees round out those doing very important work critical to the ongoing success of the Association.

Since this is my last letter for the newsletter as your president I wish to thank all the Officers, Board Members, Committee Chairs, Committee Members, and volunteers for their support over the past two years. It has been a truly wonderful and fulfilling experience working with such a group of dedicated individuals.

In closing, I would just like to say that as a member myself, I can't emphasize enough how lucky we are to have one of the best Lake Associations in the State of Minnesota.

Thanks again to all, and I hope to see you at the Annual meeting.



Want to Help
the TMLA?

Email association@tenmilelake.org, enter "volunteer" in the subject line and tell us what you can do to help. Thanks!

Whitefish – Ten Mile’s Mystery Fish

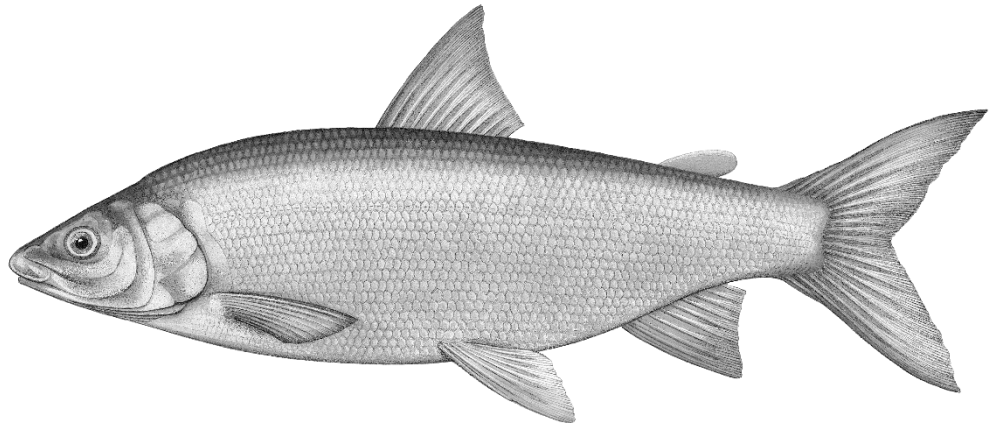
Bruce Carlson

Every couple of years somebody calls me with a question about a mystery fish that he has caught while trolling for walleyes in the spring. By now I know what questions to ask, and invariably the answer turns out to be a whitefish. Whitefish are cold-water fish that are rarely encountered except by those few who fish for them in the summer or net them in the fall. The reason a few are caught in the spring is that during May and early June, the water where folks troll for walleyes is still at a comfortable temperature for whitefish. Once the surface water warms up, the whitefish move deep to stay in their comfort zone, which is temperatures in the mid-50's. This is below the comfort zone of walleyes, so summertime walleye anglers are rarely fishing at the same depth as that inhabited by whitefish.

Whitefish are cousins of trout, but they now occupy their own family in the taxonomic world. One of the telltale indicators of this relationship is their small fleshy adipose fin on the back, close to the tail (see figure). Whitefish are largely bottom feeders – hence their downturned mouth, which makes it easier to scour the bottom for insect larvae (especially mayflies) and other critters that live in the bottom sediments of the lake. They also eat small fish (up to a couple of inches long), especially a variety called darters, which live on the lake bottom. Interestingly, they also eat small pebbles, which reside in their gizzard-like stomachs. I'm not sure of their purpose, but the pebbles may help in grinding their food. Although the record size is over 40 pounds, most whitefish in Ten Mile run between 2 and 4 pounds. In our lake, the population is almost unexploited, and a study done in 2005 showed that about 25% of our whitefish are over 30 years old, with a couple of fish registering at over 50 years. Interestingly, the oldest fish was only 17" long.

Drawing of whitefish. From B. Carlson "Beneath the Surface".

If we followed the habits of some whitefish over the course of the year, we would find them in all depths of water in the spring, but they are commonly found in very shallow water. I once caught a whitefish in 3 feet of water while fishing for smallmouth bass in the spring. I often see small groups of them swimming in six feet of water or less, and last May I even saw a couple in very shallow water in



Lundstrom's Bay. Interestingly, at this time of the year, they commonly feed on insect carcasses floating on the surface. If you are on the lake very early on a calm morning after an insect hatch, you may see groups of fins briefly breaking the surface in steadily moving groups. These fins belong to whitefish, which must turn on their sides in order to suck up the insects with their underslung mouth. Under these circumstances, one can actually catch whitefish on a dry fly.

By early to mid-June, when the surface water warms to over 60 degrees, the whitefish move deeper and are commonly found in about 30 feet of water. This is an excellent time to fish for them. The classic method for angling for them is to still-fish with crappie minnows, but over the years, I have developed a number of techniques for catching them on artificial baits, and if you hit the right place, it is not uncommon to catch 30 or more in an hour. The best techniques involve the use of small jigging spoons of the type often used for walleyes in the winter. Use ultralight tackle and drop the jigging spoon onto the bottom. Then lift the bait a foot or so and let it drop to the bottom. When a whitefish bites, it may feel like a light tick on your line – something like the bite of a small perch. Often you don't feel the bite, you just feel a heavy weight on your line. You can also catch them on flies, if you use a rapidly sinking fly line. Whitefish fight harder than any species in the lake, and people I take out are amazed when they catch their first whitefish.

For a couple of reasons, I don't keep whitefish, even though they are excellent eating. One is because they are so slow-growing, and fishing pressure could have drastic effects on their population. The other reason is that over 90% of the fish are heavily infested with a very unpalatable parasite, called *Triaenophorus*, which infects their flesh in ugly yellowish stringy masses. Whitefish are very delicate, and the best way to keep them alive in catch-and-release fishing is to grab them behind the gills while they are still in the water and remove the hook without ever taking them from the water.

As summer rolls on and the water temperature gets warmer, the whitefish move deeper, so that by August it is common to find them at 50-70 feet. One showed up in my underwater camera at 125 feet. I have found that the whitefish bite is considerably slower than it is earlier in the summer. During the fall, they are preparing to spawn, which occurs in early November, when the water temperature is in the low 40's. Spawning fish move into relatively shallow water, often off points. There is a short whitefish gill-netting season, and only a few intrepid netters still go after them in these cold, dark days. In the winter, when the water temperature is pretty much the same throughout the water column, whitefish can be found anywhere, especially where food is to be found.



"CATCHING" UP

Steve Helscher

Hello and HAPPY SUMMER to all our members and friends of Ten Mile Lake. The DNR is reverting to the 1316 lbs. of fingerlings that will be stocked in Ten Mile this fall. They had been doubling the stocking, but the research shows negligible improvement in the quantity of walleyes in the lake. It also appears the number of perch has dropped significantly and that is one of the walleyes main forage foods. This is key information for the DNR to help manage the walleye population in our lake.

Please continue to practice good harvest habits of our various populations of fish. Generally, let the big one go and keep the smaller fish. If you followed the link in the spring newsletter, you know that state wide, pan fishing quality is suffering. Let us all help TEN MILE LAKE be a leader in restoring quality pan-fishing to Minnesota by releasing BLUEGILL and SUNFISH above 8" and CRAPPIES over 10".

By the time you read this issue fishing will be in full swing. I would like to hear from the membership on how things are going throughout the summer. Have a great, safe and enjoyable summer and I hope to see you all on the water.

Watercraft Training

Lee Sand

The Cass County Sheriff's Department together with the Hackensack Lions Club and TMLA will once again conduct water craft operator training for kids, 12-17 years old, who are interested in becoming certified to operate a boat or other motorized watercraft.

The training will be held on Thursday July 6, 2017 from 8:30-2:30 at the Hub in Hackensack. **Please note this is a change in location from prior years.** Kids should be dropped off by 8:30 at the Hub located near the post office in Hackensack and picked up by a parent or guardian by 2:30 at the Birch Lake public dock in Hackensack.

This class is free to all participants. Lunch will be provided by the Lions club. This is a great opportunity for all kids in the area.

To register please send an email to association@tenmilelake.org with the participant's name, age, and contact information for the parent or guardian and contact information for the adult who will be dropping off and picking up the kids.

The Northern Water Alliance of MN

Mary Ackerman and Jim Reents

The estimated economic damage for one Wisconsin lake, when impacted by AIS, was calculated at \$140 million dollars [MPR News]. That is the potential cost to property owners if just one of the threats to our waters happens right here.

As many of you are aware, TMLA Members Mary Ackerman and Jim Reents, became involved in the issues around the preservation of water when they learned of risky oil pipeline routes nearly 3 years ago. As they became more aware of the environmental threats to badly conceived oil pipeline routes they also became aware of the several other issues threatening our waters in this part of Minnesota. They organized the Northern Water Alliance to create a network of organizations and individuals already working to protect our waters so that protection efforts were coordinated and supported.

Your Ten Mile Lake Association became a member in 2016, joining the network Association of Cass County Lakes (ACCL) and currently 6 other individual lake associations. The number of larger non-profit 'water protector' organizations in NWA now numbers a dozen and is growing. NWA aims to distribute the research and science-based information that our trusted member organizations provide. Information on topics relevant to lakes, aquifers, wetlands, rivers, drinking water, wild rice lands, watersheds and more. Our work is to connect residents, property owners and visitors with good information to mobilize all of us in the preservation effort for clean water.

We know our TMLA Members come to the lake to get away from local politics and the press of 'critical issues' that need immediate attention at home. However, the issues affecting your 'home away from home' need your attention if the next generation will be able to enjoy it. Threats include Aquatic Invasive Species (AIS), energy pipeline routes, risky agricultural practices, roadway salts, septic system problems, over-development of shorelines, unenforced building regulations... and the list goes on.

A few facts we think might help TMLA members understand the importance of staying informed and engaged in water issues:

- The DNR has estimated the 'Degrees of Stress' in Minnesota Lakes. The Southern and South-Central portion of the state are under "major stress – mostly can't be restored or restoration mostly unrealistic". This is nearly

60% of our lakes. No swimming. No fishing. Our North Central portion of the State (around 35-40% of lakes) have "Good quality lakes that can be protected". We're lucky. This is the region we enjoy. However, without public vigilance our region may well look like the rest of the state.

- Although a group of concerned citizens was successful in stopping the proposed Sandpiper Pipeline and its proposed environmentally disastrous route, the New Line 3 route is currently slated for this same corridor. It will carry more oil than the old Line 3 and more oil than the proposed Keystone XL Pipeline. The proposed route crosses the Mississippi Headwaters twice. This route threatens drinking water aquifers, wild rice lakes, 8 State Forests -- including the Mississippi Headwaters State Forest, 3 wildlife management areas, the North Country Hiking Trail, and 13 trout streams. Public pressure on our Legislators and Governor is needed to change this route.

- Our Northern MN region has 3 watersheds that drain to Hudson Bay, the Gulf of Mexico, and the Atlantic Ocean. What we do to these watersheds has drinking water and agricultural water impact well beyond Minnesota. Did you know that our local Pine River Watershed is of primary importance to the Mississippi River that supplies drinking water to the Metro and Southern part of the State? And, by estimates of the Metropolitan Council, we will have less than 50% of the water supply needed in the Metro Area by 2030 – 13 years from now! Clean drinking water is a human rights issue.

- In a larger picture, our economic future depends on clean waters. Should our immediate region become polluted by any of the water risks on the horizon, we could lose the tourism income we depend upon ... an estimated \$377 million annually. We might lose full time jobs estimated at over 17,000. And an annual tax revenue estimated at nearly \$24 million. A robust Northern economy bolsters property values and ensures dependable local services.

- Did you know that MN is also the World's largest producer of natural wild rice? And our region supports the largest percentage of rice harvest wetlands! These wetlands and rice beds are also habitat for more than 17 species of wildlife listed in the MN-DNR's Comprehensive Wildlife Conservation Strategy as "species of greatest conservation need". Strong comprehensive environmental

impact studies are critical to any energy or other land development proposals.

So ... what do you do with this information? Make those important calls to elected officials. Consider personally joining the Northern Water Alliance by going on the website of the Leech Lake Area Watershed Foundation www.leechlakewatershed.org and completing the membership form. No dues. Your membership ensures that

you will get emails or alerts if action is needed. Consider linking or subscribing to the organizations listed as members of NWA. They have great information. Watch the local papers and grapevine for 'Water Conversations', informal events to inform and connect around these issues. And, look for TMLA Legislative Alerts if our Association sees specific reasons you need to take action ASAP. Get involved! It will take all of us to preserve our lake and waters for the next generation!

Understanding Loon Mortality

Kim Moe

In this article, I will be exploring the many causes of loon mortality. There are many variables impacting loon survival. Male or female, young or old, in every season, in Minnesota or on the Great Lakes or America's southern coast, loons are dying from many different causes.

During the nesting season nests may be washed away or flooded by storms, heavy rains or boat wakes. This can cause the eggs to become cold, and the loons will abandon them. Mercury, pesticides and other chemicals are known to cause thinning of the eggshells, making them non-viable. Loon eggs are also eaten by predators such as eagles, raccoons, fox, skunks & seagulls.

During the breeding season, male loons may die fighting to establish their territory or to win a mate. Male loons will chase other loons, stab them or even attempt to drown them. Sometimes the fight ends when one of them gives up and leaves. At other times, they will fight to the death of the weaker, less dominant male loon.

Once a successful chick is hatched and jumps off the nest into the water, it continues to be vulnerable. Predators such as eagles, snapping turtles and large fish are always looking for a meal. When 2 or 3 chicks are hatched to a pair of adult loons, the youngest and smallest chick is often treated harshly by the dominant, larger sibling and may not get adequate amounts of food to sustain life.

The most traumatic time for a small chick is over Memorial Day weekend. Boating, skiing, tubing & fishing can cause these small birds to die from collisions or being separated from their parents at a critical time. In the autumn of a loon's first year it must stay on the lake late into the season to eat and get strong and healthy for the migration south. If the young loon stays too long and ice traps it on the lake, there will be a tragic ending of a short life.

All adult loons are vulnerable during summer, during migration, and on the coastal areas all winter. Loons may die from lead poisoning, parasites or diseases. Tangling in fishing line, on hooks and lures and in nets are deadly, as are oil and chemical spills.

Loons face many challenges.....WE NEED TO DO OUR PART TO HELP!!

- ❖ Provide floating offshore platform nests
- ❖ Fish with only lead-free baits and sinkers
- ❖ Properly dispose of fishing lines
- ❖ Report injured or peculiar loon behaviors
- ❖ Give loons their space – do not fish, ski or boat in loon territory
- ❖ Bag, freeze and report a dead loon to the DNR for follow-up as to the cause of death.
- ❖ Do not feed the loons or train them to approach your boat

Get involved! If you observe anyone mistreating a loon, have a friendly conversation and educate them.

History Pages

Precious Memories

“Grandmother B’s Peach Custard Ice Cream”

Several years ago, my daughter-in-law, Suzanne, was looking for a good homemade ice-cream recipe. She and Layth had just purchased an ice-cream maker that goes into your freezer, and I had the perfect recipe.

In my childhood years of the ‘50’s and 60’s we used an old fashion hand crank freezer which used block ice harvested from Birch Lake. The ice blocks were wrapped in burlap and straw, and stored in a little shed just about where Swanson’s is now.

Later in the summer the good free-stone peaches became available coinciding with my grandmother’s birthday, so making ice-cream was now essential. Never mind that it had to be cooked in a double boiler and then cooled, that it looked all curdled and funny when it was done cooking. By the time it was frozen and sampled it was obvious this was just as peachy and custardy creamy as its name implied. By the 1970’s, the sharing of turning the crank had become a fun competition for all ages. Yes, it was work, but work that was entirely tolerable for the anticipation of things to come.

After my Grandmother died in 1977, ice-cream making wasn’t quite the same. The old freezer began to be forgotten in its resting place in the garage.

Our present-day family tried out the old recipe in the new freezer. What had been a perfect fit in the old dasher style was now just a bit much for the new one. Minor adjustments in quantity would do the trick.

Grandmother B.’s Peach Custard Ice-Cream, Makes 3 + Quarts

2 cups whole milk	1 Tbsp vanilla extract
1 cup whipping cream	Pinch of salt
2 cups half & half	4 ripe peaches
1 cup sugar	½ cup sugar
5 eggs, beaten	

Cook and stir all ingredients except peaches and ½ cup sugar, for 50-60 minutes in a double boiler until thickened. Remove from water bath and cool overnight. Mash the peaches into the ½ c sugar and let sit at room temperature about ½ hour. Mix peaches into cooled custard. Freeze in a one gallon ice-cream maker.

By Susan Benbrook Seyala

The History Committee

To all Ten Milers, this is your column and we’d love to hear your story. Please send to the History Committee any time: s.seyala@gmail.com

Ice Harvesting on Ten Mile Lake

By Katy Hoover and Christie Dailey, TMLA History Committee

Before modern refrigeration and widespread electricity, block ice supplied the cooling necessary to preserve food in homes and additionally in commercial settings such as creameries, breweries, and meat packing plants. Before people had electric refrigerators, they kept food cold in an insulated box with a block of ice inside to keep everything chilled—like a big cooler.

A good deal of ice for this purpose was harvested from frozen lakes in the Upper Midwest because of the pristine water quality. The ice was harvested during the cold winter months and shipped nationwide by commercial operations or stored for use locally in the summer months to come.

Ice was cut from frozen lakes such as Ten Mile by crews. The ice was ready for harvesting when it was thick enough to support the work crews, their horses or motor vehicles, and their tools. The harvest itself was back-breaking work and often dangerous since workers could easily fall into frigid waters or be injured by sharp cutting tools.

After it was removed from the lake in large blocks, the ice to be used locally was conveyed to nearby ice houses and packed in saw dust for several months of storage. The sheer volume of ice packed into storage helped it withstand the summer heat. At Ten Mile, block ice would then be delivered to private homes and resort cabins to be placed in ice boxes for food storage.

Memories of the Ice Harvest

Burton Woock, age 88, remembers his work as an ice harvester on Ten Mile

In the past few years I have noticed a lack of information about an old and, for us, necessary wintertime project—namely our annual harvest of lake ice.

I was personally involved from age 15 until operations closed about 1950. The crew consisted of the several neighbors who also were needful of a full ice house and, besides our own commercial needs, the crew processed ice for 5 other resorts and 4 to 6 individual homes.

We shan't forget some necessary preparations such as shoveling all but 6 to 8 inches of sawdust from the ice house floor before fall freeze-up. Thank goodness for the invention of the aluminum scoop!

We made further preparations as the lake "made ice":

1. Designate 1 clear trail from the road onto the lake ice.
2. Accumulate 6 inch X 6 foot posts and sufficient planking to erect a 12-foot X 16-foot loading dock and a slip slide from dock top into the water.
3. Make sure saw rig and haul track are in running order.
4. Gather tools—various ice tongs, hand saws, ice chisels (flat and round), garden rake (a must have), ice creepers for our boots, and sharpen all tools and creepers.

Out on the lake where the ice reached about 12 inches in depth we erected the dock and loading chute. By the time the ice was 18 inches, the "Model T" mechanics had the 28-inch circle saw sharpened and installed so we could lay out and cut a grid of 24 inch by 24 inch blocks of ice adjacent to the loading ramp. Strips of three 24 inch by 24-inch ice blocks were floated to the chute where with grapple hooks and rope-pull we lifted

each one to the dock top about 4 feet high. Power for the operation was anything available. We had even used horses before acquiring an old 1928 Chevy truck and tractor on rubber tires.

The ice house crew – usually 2 men – packed the block ice into the ice house as tightly as possible and shoveled ice chips to fill the empty spaces. When the ice house was full we had until about March to replace the sawdust insulation. Most of our replacement sawdust was a by-product of the Hackensack Lumber and Hardware sawmill.



Tools of the Trade



Dick Garbisch and his icehouse



Camp Iowa ice house: The walls were double thickness with an air cushion between the two layers of boards for insulation. The floor was sand to allow for drainage from melting ice.

Known ice houses remaining on Ten Mile, 2017

1. Stephen and Marilyn Erikson, 4890 Hiram Loop
2. Dick Garbisch, 5338 Lower Ten Mile Like Road
3. Camp Iowa/Jensen Family Cabins, 5449 County 50
4. Bocks Blue Haven, Jim and Jo Anne Bock, 5311 Ten Mile Lane
5. Mary Ackerman and Jim Reents, 4561 Alder Lane

Summer AIS Report

Bob Iversen

So far, so good ... As I write this article in late May, Ten Mile is still AIS-free and there are no new reported infestations in nearby lakes. The inspectors from Cass County are on duty weekends at the DNR access, and reports are that everyone is being cooperative. For the time when inspectors aren't present, our motion-activated audio message / video recorder (I-LIDS) keeps watch (and the video clips are reviewed).

After last June's "surprise" bass tournament on Ten Mile, we're keeping a close watch on tournament permits with the county and DNR, in cooperation with the county's AIS coordinator, Rima Smith-Keprios. So far, we don't see any tournaments planned. If one does pop up, we and Rima will work hard to make sure the tournament boats are thoroughly inspected.

In the past, we first became concerned about Eurasian water milfoil after many metro-area lakes were infested. Then zebra mussels became a major worry because of the aesthetic and lake food chain impacts they cause. Recently,

we have a new invasive villain: starry stonewort. It's grass-like algae that forms dense mats from the surface to the bottom in shallow water. It gets its name from the small star-like "burbil" that can spread the invasive plant.

Starry stonewort was first recognized in Minnesota in Lake Koronis near Paynesville in 2015, but has now spread to several other lakes including Cass Lake and Lake Winnie, as well as several other Bemidji-area lakes. Rima Smith-Keprios expects several more discoveries in Cass County this year.

The impact of starry stonewort can be huge: last year on Lake Koronis the lake association spent \$50,000 to harvest 140,000 pounds of it from a six-acre test site. If this is successful, they plan to spend \$828,600 to treat more of the lake. We don't want this to happen to Ten Mile! *Please* make sure that you and your guests practice **Clean, Drain, Dispose and Dry** before putting **any** watercraft into Ten Mile.



Starry Stonewort up close

Your Communications and Technology Committee at Work

Mary Ackerman

May – September 2017 Goals

- **Transition all information from the old website to the new, and re-organize**
- **Define new membership categories**
- **Expand PayPal and online payments including seamless interface with finances**
- **Get our official Facebook page up and active**

As you can see, we are working our way toward a more expanded and accessible communication system for the Ten Mile Lake Association. We know that the more you know about the critical issues that affect our waters and wildlife, the more able you are to protect and preserve our beautiful place in the North Country. The Email Updates, Safety Alerts, Legislative Alerts and the website transition have been a good start. As you see by the goals above, the next four months of work will move us even closer. And, boy are they ambitious!

THE WEBSITE: As we transition fully to the new website we are seeking to avoid clutter and looking at creating new sections that will help members navigate easily to the information they seek. We are considering a Members Only section that might allow us to give you access to TMLA Directory information. We are soliciting opinions about how important this is to the membership at large, since it will involve another level of programming.

MEMBERSHIP: We are considering changes in our membership categories to find ways of attracting younger Lakers who might begin to participate in the work of the Association. We know many property owners are already transitioning their property to their children and extended family members. We want these folks to be in our communication networks so they can see what we do, and participate. Sarah Swanstrom is coordinating this work.

ONLINE PAYMENTS: You can now pay your membership dues online. We want to expand this payment process to include memorials, celebration and good will donations to keep our association strong.

THE NEWSLETTER: The torch was officially passed from Sarah Cox (long-time Editor) to Annie Swanstrom this spring. Annie would welcome volunteers to help sustain the quality of our Association Newsletter, and is looking for suggestions and comments as well, as we try to educate and inform our members into the future.

FACEBOOK: Justin Krueger has agreed to coordinate a team to create an Official Ten Mile Lake Association Facebook page. This will not be a public page. Association members will be given clear instructions about how to join and our expectations for that page once we are ready to launch. Stay tuned!

These activities are aimed at communicating with you, our Association members. We want your input and ideas on communication accessibility, and about topics or issues you would like us to get into. And of course, we want new volunteers to get involved in the work of the Association and to carry on the good work we have done so far. Use our email address to get in touch – any comments, ideas, suggestions and concerns will be routed to the correct individual(s) and you WILL get a reply!

association@tenmilelake.org.

Remembering Our Ten Mile Lake Friends

Mariana Rita Goodwin



Mariana Rita Goowin, 82, of Walker, MN died at the May Creek Senior Living Campus on December 18, 2016.

Mariana was born August 28, 1934 to Clarence and Sadie (Meyer) Elsenpeter in Chicago, IL. She grew up in Walker, MN, attended Walker schools and graduated from Stonebrook Hall in Duluth, in June of 1952. She graduated from the College of St. Scholastica Duluth in May of 1966. She pursued studies in history at Wake Forest University and the University of Connecticut.

Mariana entered the Benedictine Convent in 1953; she had teaching assignments in Grand Rapids, MN, Minneapolis, MN, and in Phoenix, AZ. In 1973, she joined the Cloquet school system and taught in the high school until she retired. Upon retirement, she moved to Ten Mile Lake in Hackensack, MN until 2005. At that time, she moved to Sun City, AZ.

The summer of 2015, Mariana moved back to Walker, and resided at May Creek Assisted Living Center until her death. She had married an old classmate, Ned Goodwin from Bemidji on December 30, 1994. They were married for 13 years and lived at Ten Mile Lake and Sun City, AZ. Ned preceded Mariana in death in 2008.

Mariana is survived by her brother, John (Vicki) Elsenpeter; their five children, Susan, Mike, David, Karen and John Paul; and thirteen great nieces and nephews.

A private funeral Mass was held Friday, December 23, 2016 at St. Agnes Catholic Church in Walker, MN.

Arrangements were by Dennis Funeral Home of Walker, Minnesota.

Provided by Sue Jaeger

Charles Frederick Hamsa



Charles (Chuck) Frederick Hamsa (78) passed away peacefully at home in Cedar Park, Texas with his loving family close by on Monday, November 28, 2016. He was born on July 17, 1938 to William R. Hamsa, Sr. and Anna Marie Brodegaard Hamsa in Omaha, Nebraska.

Chuck grew up in Nebraska, graduating from Benson High in 1957. Most of his summers were spent at his favorite cabin on Ten Mile Lake in Hackensack, Minnesota. He attended the University of Omaha until he joined the U.S. Navy. He was stationed most of his service in Japan. He returned and finished his B.S. in History in 1964. He met his wife, Sara shortly before he graduated and they were married on June 11, 1966 in Tecumseh, Nebraska.

After they married Chuck attended the University of Nebraska in Lincoln and obtained a M.S. in Latin American History in January 1969 and then a M.S. in Library Science from Kansas State Teachers College in Emporia, Kansas in August of 1969.

In the fall of 1969 Chuck accepted a position at the University of Southwest Louisiana (University of Louisiana at Lafayette) in Dupre Library. He served as Acquisition Librarian for many years then worked in the Reference Department until his retirement in 1999. In 2007 Chuck and Sara moved to Cedar Park, Texas to be closer to their son and his family.

Chuck's interests were many and varied. He was involved with the organizing of the Acadian Village in Lafayette, member at Grace Presbyterian Church (Lafayette) where he was a Deacon/Elder, blacksmithing at the Village, member of the Masonic Order, being "Papa Noel" for many years in both Louisiana and on the Austin Steam Train in Texas in his special outfit, and a member of Hope Presbyterian Church. He was also an avid supporter of Living History attending many rendezvous around the country for over 20 years. He played the accordion for many years with small groups. He was on the Cedar Park Tourist Board when the Veteran's Park was started. He co-authored several books with his mentor Dr. Norman Heard. His love of life was a treasure and he lived it to the end.

Chuck and Sara were blessed with one son Michael Boyden Hamsa and daughter-in-law Julie Richison Hamsa, three beautiful grandchildren, Emily Nicole, Matthew William, and Amanda Katherine.

Chuck is survived by his wife, son, one brother William R. Hamsa Jr., seven nieces and nephews, and many great nieces and nephews.

In lieu of flowers please send donation to your favorite charity in his memory.

Mary Jo Holte



Mary Jo Holte, 81, a resident of Bettendorf, Iowa, passed away peacefully surrounded by her children, Tuesday, August 16, 2016, at the Clarissa C. Cook Hospice House in Bettendorf, Iowa. Funeral services and a Mass of Christian Burial for Mary Jo were at 10:00 a.m. Friday, August 19, 2016, at Sacred Heart Cathedral. Burial was at Mt. Calvary Cemetery in Davenport.

Mary Jo Burke was born June 8, 1935, in Oelwein, Iowa, to Harold J. and Dorothy (Struckman) Burke. Mary Jo graduated from ICA in 1953, and went on to Clarke College in Dubuque and received her RN degree from the University of Iowa. She was united in marriage to Dr. James A. Holte, April 11, 1959, at Sacred Heart Cathedral in Davenport. He preceded her in death February 10, 2002.

Mary Jo was a loving wife, mother, grandmother, volunteer and friend to many. She had worked as an RN for Dr. A. Swearingen at the Bettendorf Medical Center for many years. She was a lifelong supporter of the University of Iowa, a member of Friends of VanderVeer, PEO (Chapter LM), and Questers. She was a master gardener, and past volunteer at the Festival of Trees and delivered Meals on Wheels. She loved gardening, fishing, playing bridge, traveling and entertaining, but her greatest joy was spending time with her family and friends, especially at her second home on the north shore of Ten Mile Lake in Hackensack, Minnesota.

She was an avid fisherwoman and loved spending time on Ten Mile in search of walleyes and listening to the loons. Her beloved yellow lab, Babe, would sometimes keep her company on her fishing expeditions. Some of you may remember Mary Jo as the woman who walked on County 50 with the dog who carried her own leash.

Mary Jo is survived by her children; two daughters, Tracy (Jon) Wright of Hackensack, MN, and Katherine (Nicholas) Romano of Ackworth, IA; two sons, James B. (Julie) Holte of Coralville, IA, and Daniel (Deborah) Holte of Kirksville, MO; ten grandchildren, Dillon and Jake Wright, David, Andrew and Ryan Holte, Nicholas James Romano and Michael Romano, Nathaniel, Kallie and Cohen Holte; and two brothers; Patrick (Nannette) Burke, Chandler, AZ, and Mike (Amie) Burke, Gilbert, AZ.

She was preceded in death by her husband and parents. May they rest in peace.

Online remembrances and condolences may be expressed to the family by visiting Mary Jo's obituary at www.hmdfuneralhome.com.

Dwight A. Lincoln

Dwight A. Lincoln, 83, of St. Louis Park, went to be with the Lord on Saturday, March 5, 2016. He was preceded in death by parents, Mr. and Mrs. Adelbert Lincoln (Fairmont, MN). Survived by wife of 63 years, Betty; daughters, Ramona Lincoln and DeAnna Baker (Jeff); sons, Timothy (Laura), Michael (Renee), Brad (Denise) and Eric (Jackie); 14 grandchildren; 17 great grandchildren.

Minneapolis StarTribune

Stanley Skaug

Stanley Skaug was born on December 2, 1921 and passed away on Wednesday, August 10, 2016. Stanley was a resident of Omaha, Nebraska at the time of his passing. He was married to Norma. Interment Evergreen Memorial Park with military honors by Benson VFW Post 2503. Memorials are suggested to Ten Mile Lake Association or Dartmouth College.

Tributes.com

TMLA Newsletter, Summer 2017

This Newsletter is a Publication
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To subscribe to this newsletter, or to enquire about membership in the Ten Mile Lake Association, please contact the membership secretary. Membership dues are \$40 per year.
Archived newsletters are available on the TMLA website

TMLA Newsletter, Summer 2017

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